

Does the person you love...

- Hit, punch, slap, kick or bite you?
- Threaten to hurt you or your children?
- Force you to have sex?
- Use or threaten to use a weapon against you?
- Criticize you constantly?
- Accuse you of being unfaithful?
- Destroy personal property or sentimental items?
- Make all the decisions?
- Financially control you?
- Forbid or discourage you from seeing family or friends?
- Keep track of what you are doing all the time?
- Attempt to prevent you from working or going to school?

Safety Plans

- Know how to get out of your house when in danger. Do not tell the abuser you are leaving.
- Know emergency numbers.
- Keep identification or copies of identification for yourself and your children someplace where you can get them quickly.
- Pack your medications.
- Put money aside, a bit at a time.
- Items you cherish, such as photos and keepsakes.
- Tell friends, family and neighbours about the abuse so they can contact the police if they hear anything suspicious coming from the house.
- Teach your children how to phone the police.
- Find a safe place ahead of time where you and your children can go to spend the night.

Contact Us



Women's Shelter, Saakaate House

WOMEN'S SHELTER, SAAKAATE HOUSE

P.O. Box 49, Kenora, Ontario P9N 3X1
Kenora: (807) 468-5491
Fax: (807) 468-7870
Toll Free: 1-800-465-1117
www.wssh.ca

ONTARIO PROVINCIAL POLICE

Toll Free 1-888-310-1122

KENORA SEXUAL ASSAULT CENTRE

Kenora: (807) 468-7233

SEXUAL ASSAULT/PARTNER ABUSE PROGRAM AT THE HOSPITAL

Kenora: (807) 468-9861 ext 2428

ASSAULTED WOMEN'S HELP LINE

1-866-863-0511

It is your basic human right...

to live without fear of violence and abuse. It is against the law for any person - including your husband/partner - to assault you.

VIOLENCE Against Women Is A Crime

You are not alone.



"Finally found
a way out"

Women's Shelter, Saakaate House:
(807) 468-5491

24 Hour Crisis Line: 1-800-465-1117

www.wssh.ca



Women's Shelter, Saakaate House

Saakaate House provides a safe and secure emergency shelter for women, and their children, who have experienced abuse. Abuse can be physical, sexual, emotional, psychological, financial or spiritual. You may experience more than one type of abuse.

Any woman who is the victim of abuse or violence can access our services and support. We recognize the strength and respect the rights of women. All services are safe, supportive, non-judgemental and confidential.

Women who come into Saakaate House are believed, their stories validated, supported in their decisions and assisted in making informed choices for themselves and their children.



Women's Shelter, Saakaate House

Mission Statement

Women's Shelter, Saakaate House is mandated to provide services to women and their children who have experienced violence residing in and around Kenora, Keewatin, Jaffray Melick, surrounding trading area, and outlying First Nation Communities.

Our Services

24 HOUR CRISIS LINE

Saakaate House operates a 24-hour crisis line for any person who is in need of support. Your call is confidential.

PRIVACY

Staff abide by an oath of confidentiality. No information is released unless a woman gives her permission.

SAFETY

The safety and security of the women and children is our first priority. The shelter is a secure building helping to create a supportive and comfortable environment.

SERVICES

The Mental Health Therapist and Transitional Housing Support Worker are available to residents Monday – Friday. Resident Counsellors are available in house and over the phone 24 hours per day/7 days per week. Staff can offer information on abuse, healthy relationships, safety planning as well as assisting with housing searches.

CHILDREN

The Childcare Worker arranges age appropriate activities, and assists children with settling into the shelter.

ADVOCACY

Staff accompanies women to appointments and advocates with other resource agencies as requested.

Yes, I want to support Saakaate House

Name: _____

Address: _____

Phone: _____

Email: _____

Here is my donation of: \$ _____

I'm enclosing my cheque/money order payable to Women's Shelter, Saakaate House Inc.

Send this form with your donation to:

Women's Shelter, Saakaate House Inc.
P.O. Box 49
Kenora, Ontario
P9N 3X1

Donate Online

You can make monetary donations to Saakaate House online! Visit our website www.wssh.ca and click on the icon "Donate now through CanadaHelps.org". It is quick and easy.

Thank you. Your support makes a difference.

www.cra-arc.gc.ca/tax/charities
Charitable No. 107564338RR0001